

# EAT SMART WEEK

# THE LUNCH BUNCH



## WEEK BEGINNING

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p>16th February 16th March 13th April 11th May 8th June</p>	<p>Baked Fish Goujons with Lemon Mayo</p> <p>Steamed Broccoli &amp; Baked Beans</p> <p>Chipped Potatoes &amp; Baked Potato</p> <p>Selection of Fruit Yoghurt Pots</p>	<p>Homemade Beef Bolognese</p> <p>Baton Carrots &amp; Green Beans</p> <p>Fusilli Pasta &amp; Fresh Seasonal Salad</p> <p>Mandarin Orange Sponge with Custard</p>	<p>Lunch Bunch Chicken Curry &amp; Mini Naan Bread</p> <p>Garden Peas &amp; Fresh Seasonal Salad</p> <p>Steamed Rice &amp; Oven Roast Wedges</p> <p>Peach &amp; Raspberry Traybake Trifle</p>	<p>Roast Pork with Stuffing and Rich Gravy</p> <p>Steamed Broccoli &amp; Cauliflower Mashed Potatoes &amp; Oven Roast Potatoes</p> <p>Chocolate and Pear Sponge Cake</p>	<p>Hot Dog with Tomato Ketchup</p> <p>Garden Peas &amp; Mini Corn on the Cob</p> <p>Chipped Potatoes &amp; Baked Potato</p> <p>Vanilla Ice Cream with Sliced Pears</p>
<p>23rd February 23rd March 20th April 18th May 15th June</p>	<p>Golden Baked Cod Bites</p> <p>Steamed Broccoli &amp; Baked Beans</p> <p>Chipped Potatoes &amp; Baked Potato</p> <p>Frozen Strawberry Yoghurt and Fruit Tub</p>	<p>Mild Beef Chilli</p> <p>Sweetcorn, Fresh Seasonal Salad &amp; Coleslaw</p> <p>Steamed Rice &amp; Oven Roast Wedges</p> <p>Homemade Apple Sponge with Custard</p>	<p>Lunch Bunch Chicken Curry &amp; Mini Naan Bread</p> <p>Garden Peas &amp; Diced Carrots</p> <p>Steamed Rice &amp; Mashed Potatoes</p> <p>Fresh Fruit Salad with Strawberry Yoghurt</p>	<p>Roast Turkey with Stuffing and Rich Gravy</p> <p>Roast Carrots &amp; Spring Cabbage</p> <p>Mashed Potatoes &amp; Oven Roast Potatoes</p> <p>Fruit Muffin and Milkshake</p>	<p>Cheeseburger with Tomato Ketchup</p> <p>Mini Corn on the Cob &amp; Crunchy Veggie Sticks</p> <p>Chipped Potatoes &amp; Baby Potatoes</p> <p>Oatmeal Biscuit with Orange Wedges</p>
<p>2nd March 30th March 27th April 25th May 22nd June</p>	<p>Golden Crumbed Fish Fingers</p> <p>Garden Peas &amp; Spaghetti Hoops</p> <p>Chipped Potatoes &amp; Mashed Potatoes</p> <p>Banana-flavoured Mousse</p>	<p>Homemade Beef Bolognese</p> <p>Steamed Broccoli &amp; Fresh Seasonal Salad</p> <p>Fusilli Pasta &amp; Herbed Baby Potatoes</p> <p>Summer Fruit Sponge Finger</p>	<p>Lunch Bunch Chicken Curry &amp; Mini Naan Bread</p> <p>Green Beans &amp; Baton Carrots</p> <p>Steamed Rice &amp; Oven Roast Wedges</p> <p>Blueberry and Lemon Sponge with Custard</p>	<p>Roast Gammon with Stuffing and Rich Gravy</p> <p>Cauliflower &amp; Roast Butternut Squash</p> <p>Mashed Potatoes &amp; Oven Roast Potatoes</p> <p>Jelly Whip with Mandarin Oranges</p>	<p>Baked Pork Sausages</p> <p>Sweetcorn &amp; Baked Beans</p> <p>Chipped Potatoes &amp; Mashed Potatoes</p> <p>Frozen Vanilla Yoghurt with Melon Wedge</p>
<p>9th March 6th April 4th May 1st June 29th June</p>	<p>Homemade Beef Bolognese</p> <p>Baton Carrots &amp; Steamed Broccoli</p> <p>Fusilli Pasta &amp; Oven Roast Wedges</p> <p>Melon, Mandarin and Pineapple Pot</p>	<p>Ham and Cheese Pizza</p> <p>Sweetcorn &amp; Coleslaw</p> <p>Chipped Potatoes &amp; Baby Potatoes</p> <p>Raspberry Jelly with Two Fruits</p>	<p>Lunch Bunch Chicken Curry &amp; Mini Naan Bread</p> <p>Garden Peas &amp; Roast Butternut Squash</p> <p>Steamed Rice &amp; Potato Salad</p> <p>Pineapple Upside Down Cake with Custard</p>	<p>Roast Beef with Yorkshire Pudding, Stuffing and Rich Gravy</p> <p>Roast Carrot &amp; Cauliflower Mashed Potatoes &amp; Oven Roast Potatoes</p> <p>Chocolate-flavoured Mousse with Chopped Fruit</p>	<p>Oven Baked Chicken Goujons</p> <p>Garden Peas &amp; Baked Beans</p> <p>Chipped Potatoes, Baked Potato &amp; Fresh Seasonal Salad</p> <p>Homemade Flakemeal Biscuit with Melon Wedge</p>

MILK, WATER, BREAD AND FRESH FRUIT AVAILABLE DAILY

MENU SUBJECT TO PRODUCT AVAILABILITY

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL