





Monday:

• Watch the following programme with your child: Come Outside - Carrots

https://www.youtube.com/watch?v=G6Zk_B8_UbI

- Use the attached Come Outside Activity Pages to help you complete **some** follow-up activities
- Use your online membership of Libraries NI to read a story with your child
- Can you find all the objects on this game from Happy Clicks:

<u>https://www.happyclicks.net/click-tap-games/toddlers_games_objects2.php</u>

- Sing a song from our Songs & Rhymes sheet
- Go outside for 20-30mins today's keyword for outdoor play is BALANCE

Tuesday:

- Carrots and other vegetables are normally grown in a farm but some people grow them in their garden. If you have room in your garden, you could plant some vegetable seeds and looks after them while you watch them grow. If you don't have room in your garden why not plant some cress seeds in an eggcup and watch them grow it only takes a few days for cress to be fully grown!
- Use the attached Home Learning Ideas page to select a few activities for you and your child to complete
- Use the Play Dough Activities sheet to select some activities to do. You may want to make new dough if yours has dried out
- Sing a song from our Songs & Rhymes sheet

 Go outside for 20-30mins - today's keyword for outdoor play is RUNNING

Wednesday:

• Revisit the Come Outside Programme from earlier in the week: Carrots

https://www.youtube.com/watch?v=G6Zk_B8_UbI

- Complete the rest of the follow-up activities from the Come Outside Activity Pages
- Use your online membership of Libraries NI to read a story with your child
- Sing a song from our Songs & Rhymes sheet
- Go outside for 20-30mins today's keywords for outdoor play are BALL SKILLS

Thursday:

• Use the link below to watch a story from our friend Mr Hullabaloo

https://www.youtube.com/channel/UCcmxTZVheAmKX_u7VuSckFQ

- Use your online membership of Libraries NI to read a story with your child
- Sing a song from our Songs & Rhymes sheet
- Find some things around your house that you can use as a musical instrument. Examples include a saucepan with a spoon for a drum, a plastic cup with some dry rice inside and cling film covering it as a shaker. Play your instrument loud and proud while singing your favourite song.
- Use your scissors to cut around some shapes on a page. Ask Mum or Dad to draw some squares and rectangles, both big and small, and you can count how many you have cut out.
- Go outside for 20-30mins today's keyword for outdoor play is CYCLING

Friday:

- Use the attached Home Learning Ideas page to select a few activities for you and your child to complete
- Use your online membership of Libraries NI to read a story with your child
- Sing a song from our Songs & Rhymes sheet
- Choose an activity from the Play Dough Activities on the website
- Go outside for 20-30mins today's keyword for outdoor play is CLIMBING

FRIDAY TREAT: click this link to watch and listen to this story - Can't You Sleep Little Bear?

https://www.youtube.com/watch?v=u1aJimzuzbq

Most of all, enjoy your time together and have lots of fun!!!

Come Outside – Carrots



General Questions:

- 1. What colour are carrots?
- 2. What do we do with carrots?
- 3. Where do carrots come from? Who grows them? Where do we get them?
- 4. What type of food is a carrot? (maybe give options fruit or vegetable?)
- 5. What do we plant in the ground to make a carrot grow?
- 6. What does the plant need to make it grow?

Questions about this episode:

- 1. Where did Pippin and Auntie Mabel go to help out?
- 2. What did Pippin have in his lunch box?
- 3. What song were the children singing in the school?
- 4. What instrument was the teacher playing?
- 5. What job did Auntie Mabel do at the school?
- 6. What did Pippin play with in the playground?

Extended Learning Ideas:

Chat to your child about:

- Cooking with carrots raw and cooked. Discuss menu options, recipe ideas, ingredients they might like/dislike
- Do they like carrots? Which members of their family like carrots - maybe send your child around the house to ask family members if they like carrots (you'll be amazed at the discussions this might start!)
- Animals that eat carrots
- Size of carrots fat/thin, long/short can they find other things in the house that are long or thin or short or fat etc...

Related Activities:

- Use carrots for cooking, involve your child in the process to instil a sense of pride - they'll be more likely to eat them!
- Paint/print with carrots cut them in rounds and batons, talk about the shapes they make on the page as they work
- Par-boil carrots and ask your child to cut them to develop fine motor skills
- Trace around a carrot on a page and ask your child to cut out the shape

Related Songs and Rhymes: (carrots, growth, farm)

- Old McDonald Had A Farm
- Mary, Mary Quite Contrary
- Baa Baa Black Sheep
- B-I-N-G-O
- Little Bo Peep
- Mary Had A Little Lamb

Rhyming: (don't worry that some of the words aren't real words)

Finish these rhyming strings (read the first 3 words then give the initial sound of the last word)

carrot	seed	farm
jarrot	weed	barm
marrot	heed	harm
p	f	W

Clap out these words - 1 clap for each sound/syllable:

dog	aeroplane	school
carrot	Pippin	sandwiches

1. Wash hands 2. Peel an orange 3. Wipe table 4. Slice banana 5. Work on buttoning 6. Serve snack 7. Put on socks 8. Arrange flowers 9. Dust furniture 10. Do a puzzle 11. Plant seeds 12. Pour a drink 13. Take a nature walk 14. Feel different textures 15. Fold washcloths 16. Help prepare breakfast 17. Use a dustpan and broom 18. Feed a pet 19. Create Art 20. Make fresh lemonade 21. Sort items small to large 22. Help a friend or sibling 23. Practice cutting paper 24. Water plants 25. Practice Transferring (water, beans, rice) 26. Color matching with objects 27. Use a salt tray for writing 29. Put on coat 30. Sing a song or Play instruments